

# Spiritual Rhythms



**E C K A N K A R**  
RELIGION OF THE LIGHT AND SOUND OF GOD

News of public ECK events  
in Ohio published by:  
*Ohio Satsang Society, Inc.*  
A Chartered Affiliate of  
ECKANKAR.

JULY - AUGUST - SEPTEMBER 2010

## OPEN SPIRITUAL DISCUSSION ON CONQUERING FEAR

**Saturday, August 7, 2010**

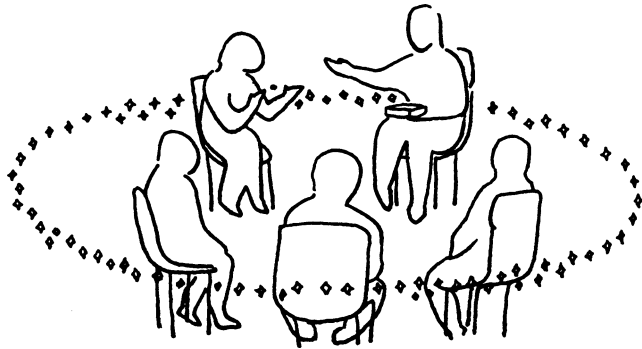
**1:00 p.m. — 2:30 p.m.**

### **Anderson Center**

Large Conference Room

7850 Five Mile Road

Cincinnati, OH 45230



Join others, like yourself, who have an interest in spiritual topics. Enjoy refreshments while we share and learn from one another in an open-hearted discussion on *Moving from Fear to Love and Spiritual Freedom*.

**Where do fears come from?** What can we do to let go and to grow? What if the antidote to fear – any fear – lay within easy distance? Would we reach for it often?

This FREE event, sponsored by local members of Eckankar, is open to anyone. **Bring a friend!**

For more information, (513) 674-7001 or [www.eck-ohio.org](http://www.eck-ohio.org)

## ECKANKAR BOOTH & PRESENTATION AT EXPO IN KIRTLAND AREA - SEPTEMBER

You are warmly invited to stop by the Eckankar booth (#124) during the weekend of September 10-12, 2010 at the JOURNEY – A Mind, Body, & Soul Expo being held at Lakeland Community College in Kirtland, Ohio, 44094. Visit the booth, pick-up free information about Eckankar, participate in a small group discussion, and listen to people singing HU (pronounced *hue*), an ancient name for God that can open the heart to greater love and contentment.

During the expo, Eckankar will be offering a free presentation on “Transforming Your Life with HU, A Love Song to God” on Saturday, September 11, from 5:00-5:30 p.m.

The expo is located in the Athletic Fitness Center, 7700 Clocktower Drive, on the Lakeland Community College campus. For directions via the web, <http://lakelandcc.edu/geneinfo/directions.asp>

Hours for the expo are Friday 3:00 p.m. - 8:00 p.m., Saturday 10:00 a.m. - 8:00 p.m., and Sunday 10:00 a.m. - 6:00 p.m. There is an admission charge for the expo.

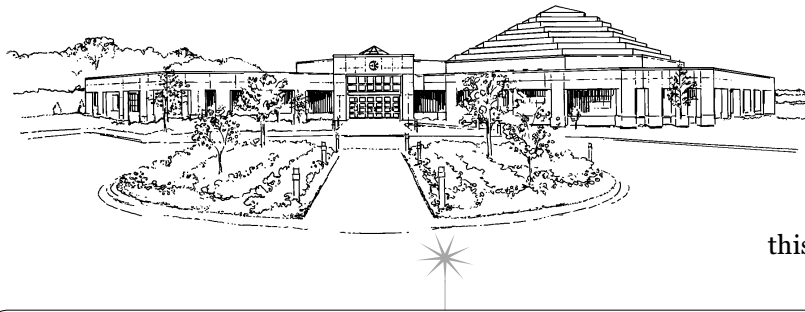
**Discover** Eckankar’s approach to experiencing the Light and Sound of God directly and for yourself, in your own way. See you there!



### **In this issue**

- 2 .....ECK Worship Services
- 3 .....Introductory ECKANKAR Events
- 3 .....ECKANKAR Resources in Ohio
- 4 .....Subscription Information

# THE ECK WORSHIP SERVICE



You are warmly invited to attend the ECK Worship Services listed. Each service focuses on an aspect of Eckankar. The ECK Worship Service often features a reading from the ECK works; singing HU (an ancient name for God), talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

<b>Area/Location</b>	<b>Date</b>	<b>Time</b>	<b>Topic</b>
<b>Akron-Canton</b> <b>Sippo Lake Clubhouse</b> 5300 Tyner Avenue NW Canton, OH 44708	7-4-2010	11:00 a.m. - 12:00 p.m.	<i>The Illuminated State</i>
	8-1-2010	11:00 a.m. - 12:00 p.m.	<i>What Really is the Word of God?</i>
	9-5-2010	11:00 a.m. - 12:00 p.m.	<i>Use What You Are</i>
	<i>Adult and youth services — Contact:</i> Ohio Eckankar information line (800) 762-7685		
<b>Greater Cincinnati</b> <b>Anderson Center Station</b> I-275 (exit 69), north 1.8 mi. on right 7832 Five Mile Road Cincinnati, OH 45230-2356	7-11-2010	11:00 a.m. - 12:00 p.m.	<i>Direct Your Goal to God</i>
	8-8-2010	11:00 a.m. - 12:00 p.m.	<i>Exploring the Law of Love</i>
	9-12-2010	11:00 a.m. - 12:00 p.m.	<i>Creating Happiness in Your Life</i>
	<i>Adult and youth services — Contact:</i> information number (513) 674-7001		
<b>Greater Cleveland</b> <b>Courtyard by Marriott</b> 5051 West Creek Road Independence, OH 44131  <b>Nordson Depot</b> 671 Franklin Avenue Amherst, OH 44001	7-4-2010	11:00 a.m. - 12:00 p.m.	<i>What Are the Light and Sound of God?</i>
	8-1-2010	11:00 a.m. - 12:00 p.m.	<i>The Spiritual Art of Listening</i>
	9-5-2010	11:00 a.m. - 12:00 p.m.	<i>The Tensions of Living</i>
	7-25-2010	11:00 a.m. - 12:00 p.m.	<i>The Road to Spiritual Freedom</i>
<b>Contact:</b> information number: (216) 371-8863			
<b>Columbus</b> <b>ECKANKAR Center - Columbus</b> 1395 East Dublin-Granville Road Suite 315 Columbus, OH 43229	7-4-2010	11:00 a.m. - 12:00 p.m.	<i>God's Love For You</i>
	8-1-2010	11:00 a.m. - 12:00 p.m.	<i>Which Way Now? Making Decisions With God's Help</i>
	9-5-2010	11:00 a.m. - 12:00 p.m.	<i>Heaven Is What You Make It</i>
	<b>Contact:</b> Center phone line (614) 840-0640		
<b>Dayton</b> <b>Country Inn &amp; Suites</b> 3661 Maxton Road Meeting Room Dayton, OH 45414	7-25-2010	11:00 a.m. - 12:00 p.m.	<i>Gaining Spiritual Strength</i>
	8-22-2010	11:00 a.m. - 12:00 p.m.	<i>The Creative Power of Soul</i>
	9-26-2010	11:00 a.m. - 12:00 p.m.	<i>How Can I Restructure and Heal My Life?</i>
	<b>Contact:</b> Ohio Eckankar information line (800) 762-7685		
<b>Toledo</b> <b>Holiday Inn Express</b> 10621 Fremont Pike Library Room Perrysburg, OH 43551	8-1-2010	11:00 a.m. - 12:00 p.m.	<i>Call of Soul</i>
	<b>Contact:</b> Ohio Eckankar information line (800) 762-7685		

## INTRODUCTORY ECKANKAR EVENTS

### *Columbus*

**Open House and Video Presentations on talks given by Harold Klemp, spiritual leader of ECKANKAR, at ECK Seminars.**

**Sundays, 12:00 p.m. — 2:00 p.m.**

#### **ECKANKAR Center - Columbus**

1395 East Dublin-Granville Road, Suite 315  
Columbus, OH 43229

7-25-2010 **“If God is God, Then Who Are You?”**  
1999 ECK European Seminar, The Hague Netherlands

9-26-2010 **“The Law of Love”**  
1999 ECK World Wide Seminar, Minneapolis, MN

### *Greater Cincinnati*

#### **Video Presentations**

**Eckankar videos** featuring Harold Klemp, the spiritual leader of Eckankar, are shown weekly on Cincinnati's Time Warner Cable channels 24 and 8.

#### **Channel 8 (local religious channel)**

Hamilton County except Forest Park and Mt. Healthy.  
Sundays 9:30 a.m. & Thursdays 6:30 p.m.

#### **Channel 24**

Hamilton County, includes Mt. Healthy.  
Tuesdays 12:30 p.m.

#### **Pot-Luck Fellowship**

**Sunday, July 11th, 12:45 p.m. — 1:30 p.m.**

*After the ECK Worship Service*

#### **Anderson Center Station**

7832 Five Mile Road  
Cincinnati, OH 45230

**Contact:** Bobbi Hagman (513) 233-3667

### *Dayton*

#### **Book Discussion**

**Herbs: The Magic Healers**

Date, time, and location to be announced.

**Contact:** Bob Elsass (937) 623-2010

## ECKANKAR BOOTH AT FARMER'S MARKET — CINCINNATI AREA

**Looking to connect with spiritually like-minded people?** Want to talk about your dreams, experiences, or spiritual quest with someone who understands?

**Stop by the Eckankar information table** at the Anderson Farmer's Market, 7832 Five Mile Road, Cincinnati, 45230 on the following Saturdays (weather permitting):

**9:00 a.m. - 12:30 p.m.**

July 10, August 7, September 11 and September 25.

Books and free Eckankar literature will be available.

### ECKANKAR RESOURCES IN OHIO

You are cordially invited to visit Ohio's Eckankar center in Columbus. A selection of books and tapes is available for browsing or purchase. Eckankar center volunteer hosts are on hand to assist you during the hours listed. For a recorded message on Eckankar, or to request a free introductory packet, call our toll-free number: 1-800-762-7685.

#### **ECKANKAR Center-Columbus**

1395 East Dublin-Granville Road  
Suite 315  
Columbus, OH 43229  
(614) 840-0640

**Open Hours:** 12:00 p.m. - 2:00 p.m.

July 25, September 26.

#### **Greater Cincinnati**

**Information Number:** (513) 674-7001

#### **Greater Cleveland**

**Information Number:** (216) 371-8863

**ECKANKAR Toll Free Number:**

1-800-LOVE GOD

#### **ECKANKAR Online**

**Main ECKANKAR Web Site:** [www.Eckankar.org](http://www.Eckankar.org)

**ECKANKAR in Ohio:** [www.eck-ohio.org](http://www.eck-ohio.org)

**Free Subscription** A free year's subscription to *Spiritual Rhythms* is available to non-members of Eckankar. To subscribe you may do ONE of the following:

- 1 Complete the form and mail it to the address below.
- 2 Subscribe on-line at [www.eck-ohio.org](http://www.eck-ohio.org).
- 3 Call toll-free 1-800-762-7685, Option "3". When calling, please ask to receive your complimentary subscription to the newsletter, spelling your name and address clearly.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_ E-mail: \_\_\_\_\_

**Ohio Satsang Society, Inc.**  
**Attn: ML**  
**P. O. Box 09502**  
**Columbus, OH 43209-0502**

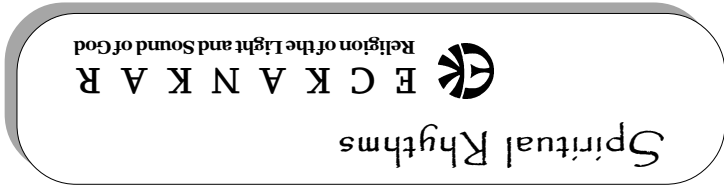
**Member Subscription** — Are you a current member of Eckankar? To receive the member edition of Ohio's Eckankar newsletter, as well as other membership mailings for Ohio, send a photocopy of your current Eckankar membership card to the Satsang Society address above. To help cover newsletter costs, we request a \$20.00 annual donation made payable to "Ohio Satsang Society, Inc." According to federal guidelines, the full value of your contribution is tax-deductible.

**New Option** — You can now access Ohio's Eckankar newsletter at [www.eck-ohio.org](http://www.eck-ohio.org). If you would like to receive e-mail notification of the newsletter placement on-line, e-mail your request to [info@eck-ohio.org](mailto:info@eck-ohio.org).

**Moving or Wish to Discontinue Mailings?** — To update your name, address and other contact information or to discontinue receiving Ohio's Eckankar mailings, you may call 1-800-762-7685 or e-mail your request to [info@eck-ohio.org](mailto:info@eck-ohio.org). The United States Postal Service does not forward bulk mail.

----- ✂ -----  
*Spiritual Rhythms* is published quarterly by Ohio Satsang Society, Inc., A Chartered Affiliate of ECKANKAR. The opinions expressed in this newsletter are those of the writers and not necessarily those of ECKANKAR, or the Mahanta, the Living ECK Master, Sri Harold Klemp. Copyright © 2010 ECKANKAR. All rights reserved. The terms ECKANKAR, ECK, EK, MAHANTA, SOUL TRAVEL, and VAIRAGI, among others, are trademarks of ECKANKAR, P.O. Box 2000, Chanhassen, MN 55317-2000 U.S.A.

*Fold along dashed line*



**July - August - September 2010**



Postmaster: Contains dated material  
Please deliver promptly

Address Service Requested

Columbus, OH 43209-0502  
P. O. Box 09502

**A Chartered Affiliate of ECKANKAR**  
**Ohio Satsang Society, Inc.**

Non-Profit Organization  
 United States Postage  
**PAID**  
 Columbus, Ohio  
 Permit Number 8249